

OAOA Regions

Portland Metro

Portland BB, BBX, FB, S (MISOA), SB, VB, W
Metro-West (Portland) W
Longview BB, SB, VB
Lower Columbia FB, BBX W

Coastal

N. Coast BB, BBX, SB, VB, W, S
SW Oregon BB, BBX, FB, SB, VB, W
Coos-Brooking S

Salem/Mid-Valley

Salem BB, BBX, FB, S, SB, VB, W
Mid Valley (Corvallis) BB, BBX, S, SB, VB
Albany W
Mid-Western FB (Corvallis)

Emerald

Douglas Co. (Roseburg) BB, BBX, FB, S, SB, V
Lane Co. (Eugene) BB, BBX, FB, S, SB, W
Emerald Empire (Eugene) VB

Southern

Southern OR (Grants Pass) VB
Rogue Valley (Medford) BB, BBX, FB, SB, W
Grants Pass BBX, 3-Rivers (Grants Pass) SB
K-Falls BB, BBX, FB, S, SB, VB, W
South OR VB (Medford)
Southern OR Soccer (Grants Pass)

Central

Central OR BB, BBX, FB, S, SB, VB, W
Strawberry (Burns) BBX
Tri-Co VB (Canyon City)
NE OR BB (s) (Burns)

Eastern

Blue Mt. BB, BBX, FB, S, SB, VB, W
Hermiston S
Malheur Co. BB, BBX, FB, S, SB, VB, W
NE OR BB, NE OR S (s), BBX, FB, SB, VB, W
Mid-Columbia BB, BBX, FB, S, SB, VB